

## Culturally Relevant and Affirming Care Training

**FREE Enrollment in our Culturally Relevant and Affirming Care Learning Path. Seventy Colorado-based healthcare professionals will be eligible to receive waived tuition plus a completion stipend of \$250 April and May 2024.**

### Advance Health with Belonging and Cultural Humility

The healthcare system in Colorado and throughout the country has become increasingly inaccessible to underserved and marginalized communities. Systemic barriers, as well as implicit and explicit biases among healthcare teams, contribute to this issue. Addressing these biases and prioritizing the needs of these communities is crucial for delivering high-quality care.

### About HealthTeamWorks

HealthTeamWorks has been driving transformation in health and healthcare for over 25 years in pursuit of our vision of health, equity, and resilience. Our coaching, training, and technical assistance aim to support the efforts of individuals, teams, and organizations in ensuring diversity, equity, inclusion, and belonging across clinical and community settings.

**This training is delivered in nine online self-paced courses and three instructor-led virtual sessions, tailored to meet the learning needs of the entire healthcare team. It is divided into three phases.**

#### AWARENESS

- Define your personal why advancing health equity.
- Develop shared language as a foundation for culturally relevant and affirming care delivery.
- Identify and eliminate microaggressions.
- Unpack and combat implicit biases.
- Explore how social identities shape the way we interact with the world around us.
- Elevate the use of inclusive language.
- Adopt cultural humility as a method to promote openness and build trust.
- Refine your skills in "calling in."
- Take action when you witness bias, discrimination, and stigma.

#### LEARNING

- Understand the connection between structural inequities and disparate health outcomes.
- Explain core concepts related to health equity.
- Use data to identify, prioritize and reduce disparities and improve care delivery.
- Recognize the value and challenges of collecting REAL and SOGI data.
- Design next steps for advancing equity in your organization.
- Recognize intersectionality and its connection to a patient's experience of care.
- Recognize inequities based on gender identity, race, ethnicity or national origin, linguistic needs, physical and intellectual disability, socio-economic, veteran or health status.

#### GROWTH

- Demonstrate linguistic best practices in policy, process and care delivery.
- Use correct gender pronouns.
- Hold person-centered conversations with all patient AND peers.
- Recognize the impact of health related social needs on patient engagement and outcomes.
- Compare methods to integrate screening for social needs into clinical workflow.
- Adopt skills and tools to ensure patient and caregiver understanding of clinical advice at all levels of health literacy.
- Implement culturally and linguistically appropriate services.

### MORE INFORMATION AND TO REGISTER

<https://www.healthteamworks.org/content/culturally-relevant-and-affirming-care-training>

### CONTACT HEALTHTEAMWORKS

Send an email to [solutions@healthteamworks.org](mailto:solutions@healthteamworks.org)

